

## Full Face Photo Packages - Recommended 32 weeks

The best time to do 3D/4D/HD Live is going to be approx. 32 weeks for most all moms however, many varying factors will contribute in obtaining optimal images, included below is information for you to read. Keep in mind we offer an at cost retry for just \$50 on another day in case you do not obtain your desired results upon your first visit with us. Obtaining 3D/4D/HD Live Photos is always a 50/50 chance depending on many factors. You have 3 options –

- \$85 15-20 minutes (no discount)
- \$115 25-30 minutes
- \$165 Premium package with Heartbeat Animal included.

(Returning client discount of \$15- Off applies to either the \$115 or \$165 package)

Preparation tips should be started at (least) 7 to 10 days before your appointment date. Hydration is the biggest factor in trying to obtain clear images of baby. If a mom is dehydrated her amino fluid tends to be lower than average/normal AFI score of (14) between 22 - 35 weeks and does not allow enough fluid around babies face to obtain optimal images. Without an average to above average fluid level, it is "impossible" to obtain optimal images of baby as baby has little room to move around. (This info is readily available online for you to research for yourself) *We are not a medical facility* we cannot tell you how much water to consume for you and/or your baby however, we do say, you do not want to be drinking less than what your own body alone needs on a daily basis to stay hydrated and this is at least approx. (4 - 5+) -16 oz. water bottles ea. day approx. 64+ oz. per day for average human consumption prior to pregnancy. Your consumption or lack of water consumption daily plays a vital role in the level of amniotic fluid baby lives in. Concentrate daily on your water intake approx. 10 days prior to your appointment date. As always with everything in pregnancy, consult your OBGYN with any/all questions you may have concerning you & baby. Other tips can include bringing/drinking orange juice during your session, this has worked to get baby moving time & time again, when baby happens to be in a position where we are unable to see their face. Try eating lite fresh foods the day before appointment and no heavy meal prior to appointment, having an empty bowel/bladder can also give baby more room. Also, if you would like to bring an exercise ball with you to your appointment this can help to bounce on if baby is not in a good position to obtain photos. 3D/4D is always a 50/50 chance each time as there are many varying factors for each mom & baby and all moms will have varying results. Therefore, we also offer an at cost tech fee only of \$50 to retry on a different day if you do not obtain the desired results you are looking for. Please try and give yourself the best opportunity at optimal images by hydrating very well for 10 days, as this can give baby much more room to be able to move around and work with however it does take babies cooperation as well and this can take a few tries with some babies.